

<u>Introduction to Pickleball –</u> Learn safety; the Game; Rules; Fundamentals, including stance, grip, forehand and backhand strokes and how to serve; start playing a game to learn court positioning. You will be exposed to basic aspects of the game and rules and can begin to play at the neighborhood / social level.



Office use only:

## DeWitt Parks & Recreation Adult Pickleball 101



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Name:	·		
Phone #'s:		 	 
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